Is NIPT right for me?

NIPT is an excellent option to learn more about the genetic health of your pregnancy. NIPT may be right for you if:

- You want more information about whether a genetic condition is present in your pregnancy
- You are concerned about a genetic condition in your baby
- You are unsure if you want invasive diagnostic testing (like amniocentesis or CVS)
- You want the most accurate screening test for chromosomal conditions
- Your doctor has recommended it for you
- Talk to your doctor to learn more about whether NIPT is right for you.

Get ready for your next appointment

Ask yourself

- Do I understand the health benefits and risks of each screening option?
- Am I clear about which benefits, risks, and limitations matter?
Questions to help you talk to your doctor

1. Does a screening test like NIPT help avoid a diagnostic procedure that may increase my risk for pregnancy loss?

2. How does NIPT compare with other screening tests if I want as much information as possible about the possibility of my baby having a genetic condition?

3. What are my options if I find out during my pregnancy that my baby has a genetic condition?

4. Will NIPT help me avoid a “positive” result if my pregnancy does not have a chromosomal condition?

5. Will NIPT help me avoid receiving a “negative” result if my pregnancy does have a chromosomal condition?